

HERE SEMINAR

**“THE POSITIONING AND DISTINGUISHING OF
APPLIED STUDIES IN MONTENEGRIN HIGHER
EDUCATION REFORMS”**



Applied Physiotherapy - Igalo

Assist. Prof. Dušan Mustur

- *The Igalo **Higher School for Physiotherapy** was established in the academic year 1976/77 as a regional department of the Zagreb Higher School for Medicine.*
- *Four years later it was registered as an **independent school within the University of Montenegro.***

Institute Igalo

- ➔ Institute Igalo is a Physical medicine, Rehabilitation and Rheumatology center founded in 1949
- ➔ Pioneer of a modern physiotherapy
- ➔ The largest and the best-known institution for multidisciplinary treatment in the region
- ➔ Treatment is based on locally exploited healing mud, mineral water and mild Mediterranean climate
- ➔ 1935 – French pharmaceutical company Vichy issues a certificate confirming healing properties of Igalo mud



www.igalospa.com



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INSTITUTE IGALO



- ✓ Situated at the entrance to the Bay of Kotor
- ✓ 23 km far from Tivat Airport (Montenegro) and 25 km far from Dubrovnik Airport (Croatia)
- ✓ Perfect location, 100 m distant from the sea, surrounded by a pine forest
- ✓ In the very center of Igalo



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- In accordance with the new Law on Higher Education, the Higher School of Physiotherapy was transformed into an undergraduate school and then into the **Faculty of Applied Physiotherapy.**



- The syllabus and **study programme** are **aligned with the Bologna Declaration** and the European Credit Transfer and Accumulation System (**ECTS**).
- All modules last one semester.
- **Undergraduate studies** last three years (180 credits), and **postgraduate studies** one year (60 credits).

- The faculty had the status of an organisational unit of the University of Montenegro until September 2015.
- Within the process of reorganization and integration at the University of Montenegro, Faculty of Applied therapy is transformed into the **Degree programme of Applied Physiotherapy at the School of Medicine.**

- The undergraduate programme is designed precisely to allow students to balance the practical and theoretical knowledge in physiotherapy.
- The purpose of the programme is to train physiotherapists as an expert who will be able to independently & in team work manage the physiotherapy process.

- The applied study programme includes
 - professional methods of therapeutic exercises,
 - manual techniques,
 - electrotherapy, sonotherapy,
 - mechanical procedures,
 - respiratory physiotherapy,
 - prostheses, orthoses, protective and support devices and equipment.



Manual techniques :

- ◆ Proprioceptive neuromuscular facilitation
- ◆ Yumeiho
- ◆ Shiatsu, Watsu
- ◆ Mulligan Concept
- ◆ Cyriax method
- ◆ Bowen technique
- ◆ Dorn method
- ◆ Trigger points
- ◆ McKenzie concept
- ◆ McConnell technique
- ◆ Mobilisation & Manipulation of joints
- ◆ Traction

- *orientation to :*
 - **individualised approach** in programming and implementation of physiotherapeutic procedures with
 - **continuous evaluation** of results.

- The extensive and comprehensive **clinical practice** enables them to develop competence through the application of **knowledge in real-life situations** and through **interaction with patients and experts** in the area of physiotherapy, so that they can completely respond to the demands of your future work environment.

- The programme of Applied Physiotherapy in Igalo is recognised and has a reputation beyond Montenegro's borders.
- PT who graduate from this programme can find jobs and successfully work in numerous environments (rehabilitation centres, hospitals, health centres, spa centres, sports clubs, retirement homes and private practices).

Thank You

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